

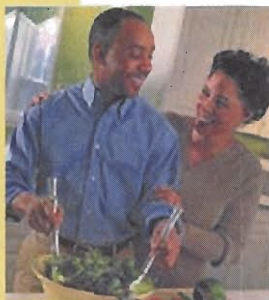
## Body & Soul\*

The goal of the Body & Soul program is to encourage church members to eat 5 to 9 servings of fruits and vegetables a day in order to reduce their risk of cancer and other diseases.



Through use of scripture and modeling behavior, the pastor of the church helps members see the value of a healthy lifestyle, for their physical and spiritual well-being.

At St. Stephens AME church in Essex, MD, the culinary ministry has resolved to serve fruits and vegetables at all functions. With funding from Body & Soul partners, the health ministry conducts activities such as, workshops, taste tests and monthly fruit distributions.



Allison's Fund is a Body & Soul partner at St. Stephens A.M.E. church.

\* An American Cancer Society program

## Angel On A Jazz Note



An Evening with an Angel on a Jazz Note is held every October in Baltimore, MD. The fun-filled evening is the principal means of raising money to support the organization's work.

Allison's family, old and new friends, scholarship recipients and *Spirit of Allison* award winners celebrate Allison's life. The classy after-five event features a live jazz band, dancing, a silent auction and/or raffle and a full buffet dinner.

Call (410) 931-1992 for tickets.

Visit our website to view pictures from previous events.

**ALLISON E. FISHER MEMORIAL FUND, INC.**

4706 Beaconsfield Drive  
Baltimore, MD 21236  
<http://www.allisonfisherfund.org>

Phone: 410-931-1992

Fax: 410-931-1488

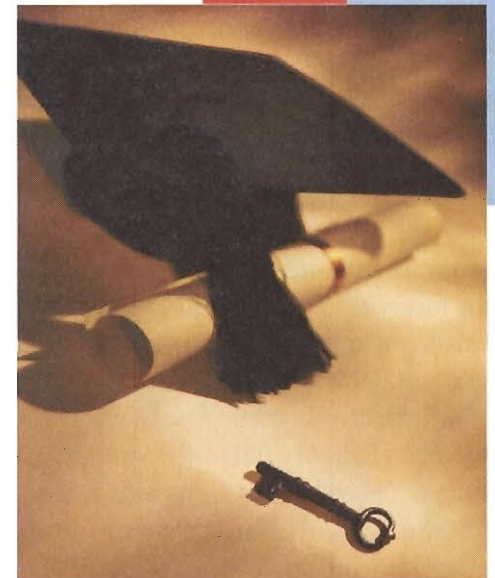
E-mail: [allisonfund@verizon.net](mailto:allisonfund@verizon.net)



ALLISON E. FISHER MEMORIAL FUND, INC.

## Scholarships/ Awards

**Promoting Breast Cancer Awareness**



*Education Is Key!*

## Scholarships/Awards

Allison's Fund has endowed a \$2,500 scholarship for a student studying journalism at an accredited four-year university. The scholarship is administered by the National Association of Black Journalists (NABJ).

Donations in Allison's name are made to the following church scholarship committees:



- St. Stephens AME, Essex, MD
- Price Memorial AME, Atlantic City, NJ

High school seniors attending Perry Hall High school in Maryland are eligible for a \$500 *Spirit Of Allison* graduation award based on an essay entry.

More information is available on the website:

<http://www.allisonfisherfund.org>

## Breast Cancer Awareness

Allison was 25 years old when she was diagnosed with breast cancer and she was 28 when she lost her fight to survive the disease.

The National Cancer Institute estimates that one in eight women in the United States will develop breast cancer during her lifetime, based on cancer occurrences from 1997 through 1999. There are more than 250,000 women 40 and under in the U.S. living with breast cancer and 11,000 more will be diagnosed in the next year.<sup>1</sup>

Allison's Fund supports the Susan G. Komen Race for the Cure and donates funds to the Young Survival Coalition [the only international network of breast cancer survivors and supporters dedicated to the critical concerns and issues unique to young women and breast cancer].

1. American Cancer Society, Breast Cancer Facts & Figures, 2001-2002

## About Allison's Fund

The Allison E. Fisher Memorial Fund, Inc. is a 501[c(3)] organization established in June, 1998 in the state of Maryland.

The Fund promotes awareness of breast cancer in young women by telling Allison's story, providing scholarships and awards in Allison's name and supporting organizations that focus on awareness, action and advocacy of breast health.



**Allison E. Fisher** schools in Perry Hall, MD where she graduated from high school with honors in 1987. She received her undergraduate degree in Broadcast Journalism from American University in 1991. Allison was a MBA candidate in Entertainment Management at the Anderson School of Management-UCLA at the time she lost her fight with breast cancer in March 1998. She held several internships and positions in the field of journalism from 1988-1998. Her favorite color was yellow, her number was eight and her symbol was the sun.

## Make a Difference -

### Make a Donation

Help us promote awareness of breast cancer in young women through scholarships and awards and support of organizations that focus on awareness, action and advocacy of breast

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Enclosed is my contribution in the amount of:

\$1,000  \$500  \$250  \$100

\$50  \$25  Other \$ \_\_\_\_\_

Make checks payable to: Allison E. Fisher Memorial Fund.  
Mail all Donations to the address below.

My Contribution is...

In Honor of: \_\_\_\_\_

In Memory of: \_\_\_\_\_

Please send a card to the honoree, friends or family to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

*Thank You for Your Support*

## ALLISON E. FISHER MEMORIAL FUND, INC.

4706 Beaconsfield Drive  
Baltimore, MD 21236

<http://www.allisonfisherfund.org>

Phone: 410-931-1992

Fax: 410-931-1488

E-mail: [allisonfund@verizon.net](mailto:allisonfund@verizon.net)